

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Corne de Fouw**

Has successfully participated & completed the  
**8km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 01:01:25**

**PACE 07:39/km**  
**OVERALL 9 of 166**

**GENDER 7 of 78**  
**14 - 19 2 of 2**

23 June 2019, Sun

Date



*BoutTime*

Signature

